

Food & Water

Keep at least one gallon of water per person per day

For a minimum of three days and store in a cool place. At a minimum, store at least three-day supply of non-perishable food. Select food that do not require refrigeration or preparation, and that need little or no water. If you must heat food, pack a can of sterno. Select food items that are compact and lightweight. Include a selection of the following foods in your Disaster Supplies Kit:

- ' Ready-to-eat canned meats, fruits, and vegetables
- ' Canned juices
- ' Staples (salt, sugar, pepper, spices, etc.)
- ' High energy foods; comfort foods
- ' Vitamins
- ' Special food for infants and elderly

Tools and Miscellaneous Supplies

- ' Mess kits, or paper cups, plates, and plastic utensils
- ' Emergency preparedness manual
- ' Cash or traveler's checks, change
- ' Non-electric can opener, utility knife
- ' Fire extinguisher: small canister, ABC type
- ' Easy to assemble tent
- ' Pliers
- ' Tape
- ' Compass
- ' Matches in a waterproof container
- ' Aluminum foil
- ' Plastic storage containers
- ' Signal flare and whistle
- ' Paper, pencil
- ' Needles, thread

Know What to do After a Hurricane is Over

- Continue listening to local radio stations for weather advisories and instructions.
- If you evacuated during the storm, return home when local officials tell you it is safe to do so.
- Inspect your home for damage, and document with photographs before and after storm.
- Until electricity is restored, use flashlights in the dark; do not use candles.

First Aid Supplies

Have the following essentials:

- ' Absorbent compress, 5" x 9" dressing
- ' Adhesive bandages (assorted sizes)
- Antibiotic ointment packets, Antiseptic wipes
- Scissors, non latex gloves , Aspirin (162mg)
- ' Adhesive cloth tape, 5 yards/1 inch wide

Emergency Phone Numbers

Town of Sunset Beach910-579-6297

Local Police, Fire, Ambulance911

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Emergency Operations Center
102 Shoreline Drive W
Beach, NC 28468



Sunset Ridge

Resident Guide to Hurricane & Emergency Preparedness

Being prepared for an emergency is crucial at home, school, work and in your community.

Disaster can strike quickly and with little warning. It can force you to evacuate your neighborhood, workplace or school, or can confine you to your home. What would you do if basic services – water, gas, electricity or telephones – were interrupted? Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone right away. Therefore, the best way to ensure the safety of you and your family is to be prepared **BEFORE** disaster strikes.

Know What the Terms Hurricane WATCH and WARNING Mean

WATCH: Hurricane conditions are *possible* in the specified area of the WATCH, usually within 36 hours.

WARNING: Hurricane conditions are *expected* in the specified area of the WARNING, usually within 24 hours.

Know What to Do When a Hurricane WATCH is Issued

Listen for up-to-date weather advisories on local radio stations, including WALK (97.5 FM), WBAB (102.3 FM), or WBLI (106.1 FM).

Prepare to bring the following items inside: hanging and potted plants, lawn furniture, garden ornaments, trash cans, and anything else that can be picked up by the wind.

Prepare to cover all windows in your home. If shutters have not been installed, use precut plywood. Note:

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<https://sunsetbeachnc.gov>

tape does not prevent windows from breaking, so taping windows is not recommended.

Fill your car's gas tank, and check the oil and tires.

Recheck manufactured home tie-downs.

Check batteries and stock up on canned food, first aid supplies, bottled drinking water, and medications.

Know What to do When a Hurricane WARNING is Issued

Listen to the advice of local officials, and evacuate if they tell you to do so.

If you are not advised to evacuate, stay inside, away from windows.

Be aware that the calm "eye of the storm" is deceptive; the storm is not over. The worst part of the storm will happen once the eye passes over and the winds blow from the opposite direction. Trees, shrubs, buildings, and other objects damaged by the first winds can be broken or destroyed by the second winds.

Be alert for tornadoes. Tornadoes can happen during a hurricane and after it passes over. In the event of a tornado, remain indoors, in the center of your home, in a closet or bathroom without windows.

Prepare first aid supplies, drinking water, and medications; complete preparation activities.

Prepare a Personal Evacuation Plan

Identify ahead of time where you will go if you are told to evacuate. Choose several places -- a friend's home in another town, a motel, or a shelter.

Keep handy the telephone numbers of these places, as well as a road map of your locality. You may need to take alternative or unfamiliar routes if major roads are closed or clogged.

Continue to monitor weather advisories via local radio stations. If advised to evacuate, do so immediately.

Take these items with you when evacuating:

- ' Prescription medications and medical supplies.
- ' Car keys and maps.
- ' Extra cash; ATMs may not be operational and banks could be closed.
- ' Documents, including driver's license, Social Security card, proof of residence, insurance policies, wills, deeds, birth and marriage certificates, tax records, et cetera.
- ' First aid kit, battery-operated radio and flashlight, and extra batteries.
- ' Bedding and clothing, including sleeping bags and pillows.

Assemble a Disaster Supplies Kit, Including the Following Items:

- ' First aid kit (see list below) and essential medications.
- ' Canned food and manual can opener.
- ' One gallon of water per person per day, for a minimum of three days.
- ' Protective clothing, rainwear, bedding or sleeping bags.
- ' Battery-powered radio and flashlight with extra batteries.
- ' Special items for infants, elderly, or disabled family members.
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